



**COPELAND
COMMUNITY
FUND**

Investing in Local People,
Economy & Places to create more
Opportunities & Better Lives

Annual Review 2021/22

Over £23.7million invested in Copeland from 2010 to 2020



Background

Copeland Community Fund was set up under an agreement negotiated with the government to recognise the service Copeland provides to the nation by hosting the Low Level Waste Repository (LLWR) near the village of Drigg. The Fund resulted from a Corporation Agreement between Copeland Borough Council, Cumbria County Council and the Nuclear Decommissioning Authority. The LLWR gave an initial endowment of £10M to the Fund and will continue to give the Fund £1.5m every year that the Repository is operating. The overriding principle is that the Fund is managed to provide a sustainable benefit to the residents of Copeland even after waste disposals at the LLWR are completed. The Fund is administered by a Board comprising representatives from Copeland Borough Council, Cumbria County Council, the Nuclear Decommissioning Authority and the LLWR and two independent members. A delegated Panel meets quarterly to consider applications and make decisions on grants under £25,000.



A Note from our Chair

I have represented LLWR on The Copeland Community Fund Board since January 2017 and was elected Chair of The Board in June 2020.

As I come to the end of my second year as the Chair and reflect on 2021 I look back on a year of continued challenges faced by the ongoing impacts of the pandemic and the growing financial burden affecting so many within our Copeland communities. Those who live, work and visit Copeland have all had to adapt to an ever changing landscape of restrictions and the cost of living increases.

Without doubt, the last year has reinforced to me the dedication and determination of the groups and organisations that provide valuable support across Copeland as well as the strength and resolve of local networks and partnerships working collaboratively to adapt to changing community needs. The Fund Team have worked hard to support the community.

I am proud to report that The Fund has committed over £1.6M this year, attracting over £3.5M of match funding into the area and it is a great achievement that The Fund has invested £23.7M since its inception in 2010 bringing far reaching benefits to the community in Copeland.

The year began with a redefining of our areas of focus, putting Community Wellbeing, Employment and Enterprise, Places and Spaces, and Children and Young People at the heart of our grant giving –all reflecting the Board's priorities for the year ahead to support the needs of the local community.

2021 also saw the introduction of the new Community Resilience Fund to provide development and responsive financial support for projects that adapt and respond in the event of an emergency.

The Fund Team have worked closely with organisations that have been the 'cornerstones' of community support, organisations who have seen huge surges in need and have evolved to meet emerging demands. Examples include Phoenix Enterprise Centre offering digital access, advice and guidance, and food and support; Citizens Advice and Credit Union collaborating to assist with benefit and debt advice; and Home to Work supporting the unemployed to develop skills and address the barriers to employment.

Recovery and reconnection have been in our minds as we emerged from restrictions that impacted heavily on levels of isolation and loneliness and affected the mental wellbeing

of so many. In recognition of these challenges, we approved a large Community Resilience award to continue and develop the Copeland Social Prescribers project, to help signpost people to the support that is available within local communities, such as Healthy Hopes who host weekly health and wellbeing sessions in Whitehaven.

Unfortunately, the pandemic also brought an increase in demand for the services that provide support to vulnerable women, a motivation for awarding Community Resilience grants to Women Out West (WOW) and the Freedom Project.

Children and young people continue to be a priority for The Fund. Many of the support organisations in Copeland have been demonstrating strength and flexibility, offering opportunities to engage young people in wide ranging activities within their community. Phoenix Youth Project and Moore Arts Millom, examples we have funded this year. We also recognise the value of collaboration within the Youth Sector and so made an award for a Youth Development Officer role to work across West Cumbria to offer additional support to groups working with children and young people

It has been particularly pleasing to see a number of groups utilising The

Fund's Enabling Grants to develop new projects. Hopefully, an indication that green shoots are beginning to emerge following the pandemic.

It has been great to see the return of face-to-face activities and events such as the West Cumbria Funder Fair, supported by The Fund, to give the opportunity to local groups to access a diverse range of funders and other sources of support.

As I look back and close the door on the last year and prepare for the year ahead I hope it is a year of compassion, cooperation and collaboration. I have every confidence that our strong community networks and partnerships in Copeland will continue to grow and build on their strong foundations.

It is my ambition that The Fund and its partners continue to invest in local people and communities to improve community wellbeing and encourage enterprise to achieve the best possible outcomes for those we serve.

R Cummings



Meet the Board



Richard Cummings,
LLWR (Chair)



David Henderson,
Shepley Engineers Ltd (Independent)



Councillor David Moore,
Copeland Borough Council



Councillor Keith Hitchen,
Cumbria County Council



Cllr Michael McVeigh
Copeland Borough Council



Neil Smith,
NDA



Dianne Richardson,
*British Energy Coast Business Cluster
(Independent)*



Councillor David Southward MBE,
Cumbria County Council

Spotlight on Copeland

Bringing Opportunities

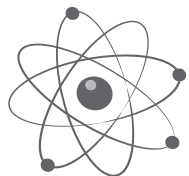
From Distington to Duddon Bridge...

Stunning surroundings combine with inspirational opportunities.



Place of innovation and opportunity with a

Skilled & Committed Workforce



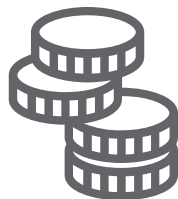
International Centre for Nuclear Excellence

across the nuclear fuel cycle from generation, reprocessing, waste management and decommissioning



At the forefront of the UK's

Clean Energy
agenda with a
Zero Carbon Economy by 2050



One of **The Most Prosperous Yet Affordable**

places to live in the UK, with low house prices (median £125,000K) and the third highest median annual salary in the country (£44,000)



Strong sense of community spirit

and local identity within Copeland communities



High Profile

Social Investors



A strong Volunteering Ethos

which helps reduce social isolation and benefits health and wellbeing



With a **Natural Landscape** that includes, England's highest mountain, deepest lake, stunning Lake District and coastline, visitors and residents can connect with rural and coastal environments to improve their wellbeing.



High levels of **Social Capital**



60% of Copeland is in the Lake District National Park which is a

UNESCO World Heritage Site



90km of Coastline

including the Heritage Coast south of Whitehaven and Marine Conservation Zone between St Bees Head and the Ravenglass Estuary



Home to 60 locally designated

Biodiversity Sites

and 15 nationally designated

Sites of Special Scientific Interest (SSSI)

Meeting the Challenges

Areas of high deprivation sit next to pockets of affluence across Copeland. One of the biggest challenges is narrowing the gap.



Employment & Enterprise

- 25,130 residents are in receipt of DWP state benefits ,including state pension (Nov 2021)
- 79% of UC claimants have been claiming for more than a year (GB 75%) (April 2022)
- Apprenticeship 'starts' continue to decline - 17% lower in 2020/21 than in 2017/18
- Economic growth is projected to be well below the national average over the next decade with growth of 1.7% in employment (UK 6.6%) and of 18.4% in gross value added (UK 26.4%) *Nuclear investments could significantly change this
- The number of active enterprises has fallen by 13.5% in the past 5 years (v 8.2% growth nationally) (2021)
- The working age population is projected to fall by 1,000 in the next decade (-2.5% v 6.5% growth nationally)
- Only 33.1% of the population is qualified to level 4+ compared to 43.5% nationally (2021). 17.5% of the population has no or only level 1 qualifications (UK 16.1%) (2021)



Children & Young People

- 17% of children aged 0-15 live in low income families, (1,928 children)
- Number of 'Looked After Children' exceeds the national average
- Low level of GCSE Maths & English grades 4+ attainment
- Prevalence of Childhood obesity 34.1% of 4-5 year olds, 32.9% of 10-11 year olds classified as over weight or obese



Community Wellbeing

- Copeland falls within the 10% most deprived areas for health deprivation & disability
- 4 ,791 households were in fuel poverty in 2020, (14.6% of households compared to England 13.2%) *before the current fuel situation
- 40% of UC claimants are not available for work (eg for health reasons or caring responsibilities) (GB 28%) (April 2022)
- 66.5% of adults classified as overweight or obese in Copeland

Places & Spaces

- Environmental sustainability, reach Net Zero by 2050.
- Rural isolation, 65% of Copeland residents live in 10 rural areas (17.6%) nationally. Poorly served by public transport and broadband infrastructure making access rather than cost the main barrier to employment, education, health services, shopping & leisure opportunities.

Community Wellbeing

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Community Wellbeing Grants The Impacts

£334,216 Total Awarded

£532,350 Match Funding

13.3 FTE Jobs Created

2745 People reached by Health Interventions

2400 People receiving Financial Support

1684 Volunteer Hours

Community Wellbeing Priorities

- ✓ Mental Health & Wellbeing
- ✓ Active Lifestyles
- ✓ Arts & Culture
- ✓ Carers Initiatives
- ✓ Social Inclusion
- ✓ Social Action
- ✓ Healthy Eating Programmes & Initiatives
- ✓ Engagement & Connectivity

Projects Address The 5 Ways To Wellbeing

- ✓ Connect
- ✓ Be Active
- ✓ Keep Learning
- ✓ Give to Others
- ✓ Be Mindful

Projects awarded 2021/22

- ☐ Citizens Advice Copeland/WEDCU
Copeland Financial Inclusion Project
- ☐ Calderwood House
Calderwood House Salaries 2022-2023
- ☐ Vulture Club
Staff Salaries Project 2022-2025
- ☐ Healthy Hopes
Health and Wellbeing Group

Spotlight on: Hardknott Forest Restoration project



“A big thank you from all at Healthy Hopes. Without the support of Copeland Community Fund we would not be able to carry on our Whitehaven Group and continue to make a difference in the community.”

Viv & Kerry, Healthy Hopes

Case Study

P was diagnosed with bipolar disorder and suffers from severe anxiety and depression. His doctor advised he try a local health and wellbeing group to help him with his anxiety together with feelings of loneliness & isolation.

P started to come to the Healthy Hopes Health and Wellbeing Group four years ago. He initially struggled to make eye contact and suffered from anxiety symptoms which he explained to staff would take over his body leaving him feeling exhausted.

The first month that P attended our groups he struggled with communicating and often left before the session had ended. Over time he started to feel comfortable and safe within the environment that Healthy Hopes had created. His trust and confidence have grown over time. P explained that Healthy Hopes gave him a sense of purpose that he had lost for so long, he started to open-up and communicate freely with both staff and members which helped build his self-esteem and social confidence.

P now attends our sessions as often as he can and says that they help to give him a purpose to get out of bed in the morning and get in a better routine of going to bed early so he wakes up feeling refreshed to come along and participate.

From receiving regular feedback from our members P has gained knowledge and understanding of Seasonal Affective Disorder (S.A.D) which affects him severely in the winter. Within the group sessions we have talked about coping strategies with getting through tough winter months and how we can support our mental health. P has now developed his own strategies. He has a winter house clear out to distract himself and likes to go on walks when the sun rises to clear his head.

Total Project Cost: £20,232.40

Award: £14,106.40

Duration: 3 years

Summary of project:

A weekly support group in Whitehaven. The group convenes one morning per week and focuses on emotional wellbeing including: Stress awareness, anxiety management, confidence building, self-esteem, assertiveness, goal setting, Mental health issues, motivation & change, self-image and offer coping strategies & relaxation techniques.



Spotlight on: Copeland Financial Inclusion Project



“Funding from Copeland Community Fund is vital for both our organisations to maintain delivery of our services throughout Copeland. Financial support from the Fund not only helps us to deal with clients but also secures specialist skills and jobs in Copeland. We are extremely grateful to the Fund for helping us to help those most in need”

Shelley Hewitson, Copeland CA & Amanda Dockray, WEDCU

Case Study

CA Copeland is an independent charity which delivers advice services throughout Copeland, providing specialist debt, welfare benefits and energy advice as well as information and support on a range of issues including employment, relationships and family problems, immigration, consumer, housing and employment.

Whitehaven, Egremont & District Credit Union Ltd provide low cost loans and easy access to savings which will help to reduce financial stress for low income families and thus improve their quality of life. They aim to provide a low cost alternative source of finance for local people within the common bond area, helping to alleviate financial exclusion.

Susan was distressed and looking for help. She lived with her husband and two children. Her husband worked full time but Susan couldn't work due to a long term mental health condition. The family got by but had little money for luxuries. They were just about managing to keep on top of rent, essential bills, food and petrol. Like many families they had no savings to rely on. One of Susan's children came home from school with a letter for a school trip. The trip was £50 and Susan knew that her household budget wouldn't stretch to this extra money. She talked to a friend who gave her the number of someone who could lend her the money. She took the number and arranged a loan. She agreed to pay it back in a week's time but couldn't afford to make the full payment. Susan hadn't told her husband about the loan and the pressure of trying to make the repayments was exacerbating her mental health condition. Under pressure from the unauthorized lender she had started to sell household items to raise the money to pay the debt which was now £150. Although she managed to raise the money it left her with nothing for food, gas, electricity or fuel for the car. Her visit to the Credit Union was the first step. They organised an emergency hardship payment to cover some of her essential household expenses until her husband got his next wage. They also organised a food voucher which gave Susan food for her and her family. A referral was made to Citizens Advice to help with previous debts. Advisers created a financial statement with offers of payments to their creditors. Citizens Advice also identified benefits that Susan could claim which increased her income. They supported Susan to plan a budget and set up a savings account in which a small amount could be saved each week. The unauthorised money lender was reported to the Illegal Money Lending team and Whitehaven, Egremont and District Credit Union ran an awareness campaign around loan sharks in the area.

Total Project Cost:
£460,102

Award: £184,400

Duration: 3 years

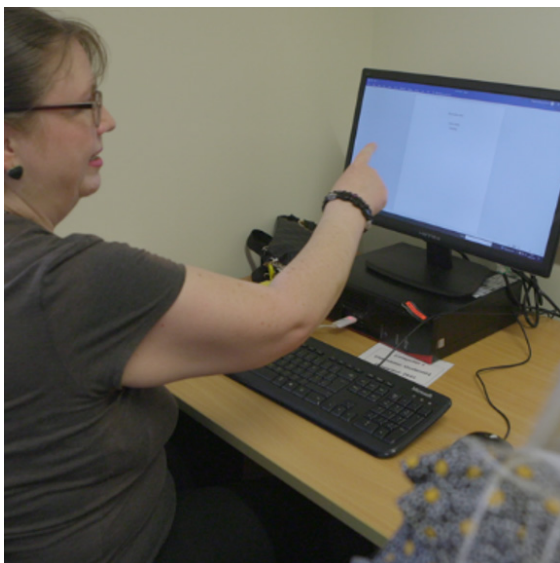
Summary of project:

The Financial Inclusion project is a partnership between Copeland CA and Whitehaven, Egremont & District Credit Union. The project aims to meet the needs of some of the most vulnerable people living in Copeland through an early intervention programme of advice and support. The focus is on delivering specialist debt and benefit advice, budgeting, planning and saving for the future tailoring a package of support to meet the needs of those in crisis.

Employment & Enterprise

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Spotlight on: Phoenix Enterprise Centre (PEC) - Digital Access, Advice, Food and Support (DAAFS)



“We really have been lucky enough to be continually supported by Copeland Community Fund over the last 11 years. Over the years this has helped us establish 3 IT centres across Copeland and adapt to the support needed since COVID to meet the needs of the Community”

Joanne Crowe, PEC



PEC works to address economic deprivation in West Cumbria, by promoting economic regeneration and addressing unemployment through key activities which include:

- The provision of managed workspace and office accommodation
- Business start-up Advice and Guidance
- Employment Advice and Guidance
- Regeneration activities

From its conception as Cleator Moor Workspace in 1985 PEC has developed, evolved and expanded to meet the ever changing needs of its tenants, clients and local community.

Qualified Advice and Guidance workers support over 400 unemployed people every year from the I.T suite in Phoenix House and outreach centres in Whitehaven, Egremont and Millom.



Total Project Cost: £460,102

Award: £184,400

Duration: 3 years

Summary of project: DAAFS follows on from the Copeland Connect Plus project, with the addition of the Food Pantry Service. The project will work in partnership with Citizens Advice Copeland and Whitehaven and District Credit Union to offer an advice and guidance service with free digital access across three centres within Copeland. The project will support disadvantaged Copeland residents with digital access to complete job and welfare benefit applications and provide short-term weekly food when needed.

Case Study

KC was told he had to transfer from the old Job Seekers Allowance to Universal Credit (UC) with limited digital skills, no mobile phone and no access to a computer.

His local Job Centre made the UC claim on his behalf. However, this was a telephone claim which meant he would need to take regular phone calls from his Work Coach but, unfortunately, was unaware of when these calls would take place.

Because he wasn't at home when his Work Coach phoned him, he was 'sanctioned', leaving him with no benefit for several weeks causing KC extreme stress and anxiety. The result was an appointment with the doctor who prescribed antidepressants.

The Phoenix Advice & Guidance team contacted the UC Support Line on behalf of KC on several occasions. A request was made to transfer the claim to an online account. This enabled KC to visit Phoenix at the Millom Hub weekly where staff have assisted him to navigate and manage his account online. The support helped him gain confidence and improve his organisational skills ensuring he attended all his appointments. "I was frightened, but the PEC team are very patient, help me a lot, always there for me. I couldn't have done it without them"

Employment & Enterprise

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Employment & Enterprise Grants The Impacts

£625,455 Total Awarded

£643,534 Match Funding

127 FTE Jobs Created

54 Employed who were
previously unemployed for 1 year

260 N.E.E.T.s* who got a job as
a result of a programme funded

19,110 Hours supporting
unemployed people back into
work

Employment & Enterprise Priorities

- ✓ Information, advice & guidance for work.
- ✓ Skills development for work.
- ✓ Experience for work.
- ✓ Access into work.
- ✓ Work & Skills infrastructure development.
- ✓ Creating and/or Safeguarding jobs.
- ✓ Pathways into Work & Skills.
- ✓ Value For Money.
- ✓ Meets with NDA Socio Economic Strategy.

Projects awarded 2021/22

- ❑ Phoenix Enterprise Centre - *Digital Access, Advice, Food and Support (DAAFS)*
- ❑ Home 2 Work - *Skills 4 You*
- ❑ Inspira - *Pathways to self -employment*
- ❑ Centre for Leadership Performance - *Dream Placement*

Spotlight on: Inspira's, Self-Employment Programme



Case Study

Anne is a talented Artist who wanted to use her skills more commercially by becoming a fully self-employed artist. Anne joined the Copeland Entry to Self-Employment programme, run by Inspira, delivered alongside Money Education Support Services and Better Bodies UK Ltd.

As part of the programme she learned to understand the impact of self-employment on her finances as well as looking into ways of further marketing her talents to audiences both online and around Cumbria. Following attending the Copeland Entry to Self-Employment programme, Anne has registered as a full-time artist working out of her Studio in Cleator Moor.

One of Anne's many skills is painting landscapes, particularly in and around Cumbria and the Lake District. Anne was supported by the Copeland Work and Skills Partnership's Employability Fund which helped her to purchase a drone, meaning she could capture different perspectives of this dramatic landscape and improve her portfolio.

Anne's impressive body of work can be viewed on Instagram by searching for [annebh_art](#).

Total Project Cost: £48,112

Award: £24,864

Duration: 1 year

Summary of project:

The Copeland Self – Employment Program delivers training and support covering all aspects of self-employment to Universal Credit benefit claimants referred to the program. The programme develops the knowledge and skills necessary to set up and run a small business. Each 6-month course consists of 4 weeks classroom-based learning followed up by ongoing 1-2-1 support for a further 5 months. At the end of the 6-month programme, participants are ready to commence trading in a self-employed capacity.

“Inspira is pleased we are able to continue to work with Copeland Community Fund and thankful for the support we have received with both developing the application and the funding awarded which has made the Self Employment support programme possible.

Anne is an inspiring example of a new business . It has been a pleasure to work with Anne and support her in setting up and establishing her business and wish her every success in the future”

Chris Gibson, Operations Manager, Inspira

INSPIRA
inspiring you

Places & Spaces

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Spotlight on: Eskdale Mill

Since spring 2022 Eskdale Mill & Heritage Trust have been restoring their wildflower meadow which for many years was overgrown with thick bramble. Now, since taking it back into management they are observing a range of native flowers and grasses emerging which previously had been suffocated by the briar. Their volunteers get to spend time in an idyllic environment whilst carrying out valuable work supporting wildlife, learning new skills, improving their wellbeing and enhancing their spaces to enable future public enjoyment.

Next, they will be installing a wildlife pond area and heritage orchard which will add to the diversity of natural habitat and provide further opportunities for education and skills development with more West Cumbrian beneficiaries.



Total Project Cost: £24,800

Award: £18,000

Duration: 2 year

Summary of project:

The restoration of the Tentergarth (a 0.576-acre meadow next to Eskdale Mill) creating volunteering opportunities and environmental education for people in West Cumbria, whilst improving the surroundings of the Mill. The restored Tentergarth will add an extra aspect onto Eskdale Mill's site, helping its income and sustainability as a community owned visitor attraction, as well as creating habitats for wildlife.



“The Copeland Community Fund is a vital support for our volunteer work programme and ‘Tentergarth meadow improvement Project’ here at our historic 16thC watermill in Boot village, Eskdale valley. This funding has enabled our small heritage charity to offer opportunities to a wide range of volunteers to help us restore our natural spaces and benefit native wildlife at the same time. This 2 year funded project will extend the appeal of our unique visitor attraction for greater enjoyment and appreciation by the public of our tranquil facilities.”

Kate Hughes, Mill Manager

Places & Spaces

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Places & Spaces Grants The Impacts

£75,100 Total Awarded

£84,943 Match Funding

3 Community Spaces improved

4103 Hours dedicated to
sustainably improving public
spaces

Places & Spaces Priorities

- ✓ Climate Action
- ✓ Recycling or Reuse Initiatives
- ✓ Community 'Growing' Schemes
- ✓ Improvements to Open Community Spaces
- ✓ Refurbishment or New Build Community Facility
- ✓ Improvements to Transport (Infrastructure or Community Schemes)

Projects awarded 2021/22

- ☐ Age UK, West Cumbria - *Muncaster Community Shed*
- ☐ Samaritans - *New Roof*
- ☐ Eskdale Mill - *Tendergarth Restoration*

Spotlight on: Age UK West Cumbria – Muncaster Community Shed



The project launched in November 2021 with funding from Copeland Community Fund and the Holroyd Foundation.

Age UK West Cumbria forged a connection with Muncaster Estate who offered a home for the project. The ambition, to create a resource to tackle social isolation and loneliness in West Cumbria.

The location provided a strategic location that served both north and south Copeland, as well as providing an aspirational venue for people to gather.



The shed will become a multi-purpose venue for dexterous activities such as woodwork, restoration and crafts, whilst outside there will be opportunities to take part in gardening and activities around Muncaster estate.

The shed itself sits in a private area of the estate and required some remedial work to the roof and interior to make it a fit for purpose venue. As a shed it doesn't seek to be flashy, but being accessible warm and safe was a priority.



A Project coordinator was appointed in November 2021. Who has been working tirelessly to keep the work on schedule and has gathered a wide range of support from local businesses and the supply chain.

“As we start to have something more tangible to show people (i.e. a working shed), my outreach will now focus on driving awareness and involvement from the wider public. We have already had significant interest, and we already have a core of talented volunteers who will provide an important basis moving forward.”

Tom Dalziel, Project Coordinator

Total Project Cost: £90,168

Award: £34,000

Duration: 3 year

Summary of project:

This project is to support Age UK to set up a 'Men in Sheds' style community shed project based on the Muncaster Estate. The shed will be a space for isolated people to feel enabled and included in a programme of creative activity. Initially the shed will be used over 2 days a week by the core shed group with further days available if the need develops. The shed will be open on the days when it is not in use by the core shed group to other local third sector groups.

“This whole project is really about giving people who have suffered in recent times a purpose and a reason to come together and be active. It fulfils many local needs that older and marginalised people have in West Cumbria and utilises a cherished local place in a new way.”

Alan Irwin, Age UK West Cumbria

Children & Young People

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Spot light on: Phoenix Youth Project (PYP)



The Phoenix Youth works with marginalised and disadvantaged children and young people aged 8 -19 years old in the deprived areas of Cleator Moor and Frizington. Established in 2003.

PYP have a qualified and experienced Youth Development Team with a proven track record of delivering high quality youth work with youth led programmes to raise aspirations, develop positive behaviour, encourage healthy lifestyles and reduce crime, discriminatory and anti-social behaviour

“We are very grateful for the extremely generous financial support given to our project by Copeland Community Fund. These funds will enable us to support young people at such a crucial post pandemic time where there are a lot of uncertainties in the world.”

Paul Rowe, Project Manager PYP



Total Project Cost: £417,992

Award: £212,729

Duration: 3 years

Summary of project:

This project is to enable PYP to continue to provide youth work services for disadvantaged young people aged 8-19 in areas including Cleator Moor and Frizington and develop in the aftermath of COVID 19. This grant is to cover revenue costs relating to staffing and expenses for seven paid roles within the charity.

Case Study

Child A, a 13-year-old young male with ADHD, has a learning support assistant at school, wears a hearing aid and has a mental age around half of his age.

In April when we re-opened our youth club we were legally restricted to only 15 young people in attendance and everyone had to keep 1-2 meters away from each other. Child A could not stay away from other young people and couldn't sit down and keep his distance. We spoke to his mam and said he would need some kind of 1-1 support to continue to come to youth club so he stopped coming and his mam wasn't happy with us, feeling we'd been unfair.

As the restrictions eased in late spring/early summer he returned to youth club. He successfully moved up to the older group, through first attending our Friday sessions supported by a youth worker.

With the support of the youth worker his behaviour improved dramatically. He even won our young person of the year at February's AGM. His mam came along to see him be given the award. He was so happy to win the award. Child A can still be a challenge but he has been away go-karting in February on his first trip ever! Later this year we'll aim to take him on a residential. It shows what patience and giving young people the right environment to thrive in can do.

Children & Young People

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Projects awarded 2021/22

- ☐ Phoenix Youth Partnership
- ☐ Time to Share - *Child Bereavement Services*
- ☐ Shackles Off - *Millom provision*
- ☐ Moore Arts Millom - *Staffing*

Children & Young People Priorities

- ✓ Generic Youth Provision
- ✓ Outdoor Pursuits
- ✓ Creative Arts Based Provision
- ✓ Emotional Resilience
- ✓ Improvement to Facilities / Equipment



Places & Spaces Grants The Impacts

£374,665
Total Awarded

£414,793
Match Funding

420 Young People
Supported by Mental Health
Initiatives

550 Young People
Engaged in additional
Opportunities

Children & Young People

Investing in Local People, Economy & Places to
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Spotlight On: Moore Arts Millom (MAM)

Case Study

Libby is a young girl who recently joined our senior youth theatre following a traumatic, life changing time in her life. A condition which meant Libby was in hospital for a year left her a totally different young girl. She had to re-learn to do everything including learning to talk and walk again. Her mother signed her up for a DJ Class at Beggars Theatre and was overwhelmed with how Libby blossomed after her first class. Since then Libby has been a major part of the Youth Theatre and other classes, with her confidence and enjoyment clear for all to see. Libby for a while, did not attend school or go anywhere except for the theatre. Not only has being a part of our youth theatre been so beneficial for Libby but it has also been amazing for the rest of the young people she works with. They have been shown sheer determination, resilience and have learnt that life is not easy. They admire Libby and take care of her, even when she tells them exactly what she thinks - she has no filter!

“I am so proud to be able to work with young people but especially young people like Libby.”

Jakki Moore, Moore Arts Millom



“The youth Theatre group at the Beggars Theatre has been a god send for Libby. She has built new friendships with others who also have a love for drama and joining in with their own thoughts and opinions. Her confidence and independence has grown so much and she now feels she is again part of something.”

Libby can be herself in the group without any judgement which makes it a comfortable, supportive, safe place for her to thrive and be exactly who she wants to be.”

Louise Evans, Libby's Mum



Total Project Cost: £38,400

Award: £19,200

Duration: 1 years

Summary of project:

This project is to support the role of Project Lead in 2022. The Project Lead has a key role in structuring projects, facilitating, and ensuring they take place, and is also heavily involved in the delivery of each project. The role of Project Lead increases the capacity and diversity of services available to the local community.

“This funding from CCF to match with the funding from other organisations is a god send!”

Jakki Moore, Moore Arts Millom



Community Resilience

Investing in Local People, Economy & Places to
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Spotlight on: Copeland Social Prescribing



Social Prescribing offers people with low level support needs an alternative to conventional medical treatment, linking people with local support organisations, groups and activities with the aim of reducing the need for clinical intervention through the NHS and working 'upstream' with a preventative approach. Rather than being given a prescription for medication, NHS patients or residents in need of support can be linked with groups or activities that can help them – this could be a walking group, a knit and natter session, specialist support around mental health or working with Citizens Advice on debt or financial issues.

The funding we have received from CCF has enabled us to build on the successful first two years of Social Prescribing in Copeland. We are moving our Social Prescribing Directory online to make it interactive and more accessible. We have also introduced a one-to-one support service to make sure everyone who needs low level support and help to access services can benefit from Social Prescribing. The CCF funding has ensured we can continue to build the Social Prescribing offer in Copeland and take it forward into the new Cumberland Authority.

Julie Friend, CBC Acting Head of Housing and Social Inclusion



Total Project Cost: £219,099

Award: £132,763

Duration: 2 years

Summary of project:

The project will allow Social Prescribing to continue in Copeland offering digital as well as person-based support, helping people to access community support at an early stage to prevent their issues escalating.

Case Study

Having experienced low mood and anxiety for quite some time Lynne would rarely drive on her own and often shut herself away.

Lynne chose to volunteer via the Social Prescribing project with Together We. Being passionate about mental health she wanted to help people. Lynne started by answering the phones and taking referrals.

Once Lynne started volunteering she identified that she needed to improve her digital skills, so connected with Community Learning and Skills to do a beginners IT course. She since moved on to do an accredited IT course and has signed up to do my maths functional skills.

I have really enjoyed being a volunteer so far and helping people in the best way that I can. I have a good listening ear and knowing that I am making a difference to people makes me feel great. As I have gone further into my volunteering role, I have realised how many people of all ages need this service. As I joined the team during the pandemic, it was hard at first but the team have welcomed me and been supportive. Social Prescribing has helped me find myself again.

Lynne

Community Resilience

Investing in Local People, Economy & Places
to create more Opportunities & Better Lives



Community Resilience Grants

£229,727
Total Awarded

944
Beneficiaries

Places & Spaces Priorities

- ✓ Food & Finance
- ✓ Digital
- ✓ Health & Wellbeing
- ✓ Children & Family

Projects awarded 2021/22

- ☐ Copeland Age & Advice Service : *Winter Warmer*
- ☐ Cumbria County Council: *Emergency Food Vouchers*
- ☐ Cumbria County Council: *Digital Inclusion*
- ☐ West Copeland Partnership: *Lengthsman (hardship)*
- ☐ Copeland Borough Council: *Social Prescribing*
- ☐ Women Out West: *Support Worker*
- ☐ FREEDOM Project: *Support Worker*
- ☐ North Cumbria Hospitals NHS Charity: *Music Medicine*
- ☐ State of Mind: *Mental Health First Aid Training*

Community Resilience

Investing in Local People, Economy & Places to
create more Opportunities & Better Lives

Spotlight on: Women Out West (WOW)

Women Out West, a day centre to provide support and services to victims of domestic abuse, opened in 2018.

WOW grew rapidly as women came forward in need of our help. COVID had a huge impact on victims of Domestic Abuse. More staff were needed to cope with the ever growing waiting list. Copeland Community Fund responded quickly and were able to offer Community Resilience funding to hire a new staff member. This staff member worked in the community with women who had been allocated housing after fleeing violence. They worked holistically to ensure every woman had access to white goods, carpets, essential items such as CCTV and alarms to help them to feel safe. By working with the women in their homes, support can be offered to manage their tenancies, look after themselves and their children.



“Copeland Community Fund have supported TTC from day one. As they are based locally they have an excellent understanding of the issues we face. They are able to turn large grants around quickly when most needed during the pandemic. The staff and trustees have always been supportive and understand we can get grant money to the front line to help those most in need in our most deprived areas. We also know that sometimes things can go wrong, when that happens we know we can talk to CCF and they will help us to find solutions and help us to learn lessons for the future”

Rachel Holliday, WOW

Award: £28,516

Duration: 1 years

Summary of project:

To fund a support worker to support women affected by sexual & domestic Violence in Copeland

Case Study

WOW started working with young mum S when she was resident in a local mother and baby hostel. Her young son then aged 3 was on a child protection plan mostly due to mum's mental health. The support given to S has been long term and extensive including debt management, house move, funding and anti-natal preparation.

WOW support worker was instrumental in moving S out of the hostel and into her own rented property, sourced funding to assist with the move and also to provide furniture and other essential equipment which allowed S to set up a fully functional home for her and her son

WOW Support worker has offered advocacy and emotional support and worked with multiple agencies to ensure the best support for S. S is now in a new relationship and they are expecting their first baby together. S has been quite poorly with this pregnancy and has needed both emotional and practical support. Anti-natal and child care advice has been delivered to both S and her partner to lay down the foundations needed to successfully parent their baby.

Project Development & Support

Investing in Local People, Economy & Places to create more Opportunities & Better Lives

Enabling Grants

Enabling grants of up to £5,500 are available to support project development. The grants can cover up to 100% of development project costs.

Can be used for:

- Energy Audit
- Consultation events
- Business Planning
- Training
- Pre – Planning fees
- Structural surveys
- Feasibility Studies
- Third Party Funding
- Essential Match Funding demonstrating local funding commitment



Enabling Grants awarded in 2021/22 to:

- ☐ Haverigg Cricket Club
- ☐ Harmony Associates
- ☐ Whitehaven Sports Hub
- ☐ Together We
- ☐ Egremont Town Council
- ☐ Citizens Advice Copeland

West Cumbria Funders Fair

- ✓ 17 Local & National Funders/support organisations represented
- ✓ 46 Groups & Charities attended
- ✓ 17 Project enquiries to Copeland Community Fund



Governance help

Cumbria CVS: Commissioned to deliver 1:1 Governance support to community groups in Copeland

Project & Application Development Support

Support is available from the Fund's Community Development Officers to assist with project & application development

- ✓ Over 75 Groups & Projects supported

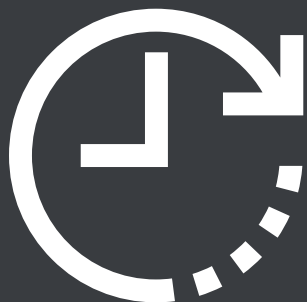
Our Impact

To measure & report Social Value...
Copeland Community Fund now uses The National
Themes, Outcomes and Measures Framework
(TOMs)



£1,795,029

Match Funding
brought into Copeland



4100

Volunteer Hours
dedicated to improving
public spaces or green
infrastructure
(NDA 31)



150

FTE New People
Employed Locally
(NDA 1)



1905

People supported to engage
in Health Interventions
(NDA 24)



4900

Young people supported into
sustainable outcomes
(NDA 37)



296

People who were not in
Education , Employment or
Training supported into work
(NDA 5)



19,110

Hours dedicated to supporting
local people into work through a
coordinated programme
(NDA 8)



995

No. of people reached to access
effective Mental Health Support
(NDA 25)

Our Financials

Investing in Local People, Economy & Places to
create more Opportunities & Better Lives



£1,744,954

Total Committed to support
Copeland Communities
2021/22



£625,445

Invested in
Employment & Enterprise



£374,665

Invested in
Children & Young People



£75,100

Invested in
Places & Spaces



£334,216

Invested in
Community Health
& Wellbeing



£229,727

Invested in ~Community
Resilience



£38,850

Invested in
'Enabling'



£66,950

Annual
Endowments

Meet the Team



Emma Moynihan
Fund Manager



Alyson Carney
Community Development Officer



Sally Scales
Community Development Officer



Hayley Wilson
Grants Officer



Kimberley Young
Grants Officer



Maya McGrady
Grants Officer Apprentice



Whitehaven Commercial Park
Moresby Parks,
Moresby,
Whitehaven
CA28 8YD

info@copelandcommunityfund.co.uk
Tel: 01946 598352

www.copelandcommunityfund.co.uk